

*London Facial
Bharti Vyas*

Bharti Vyas Method (BVM)

Your Guide to the

*complete range
of therapies
and products
enhancing the*

BV Method

Beauty
*on the outside
begins
on the inside*



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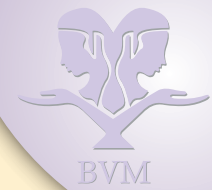
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About our

Holistic Approach



Ultimate Therapy Range

Therapy Via Skin

The BVM Ultimate Therapy range has been designed to treat and maintain healthy skin by treating your body holistically. Any imbalances that show themselves on the skin are a reflection of what's going on inside the body. These include stress, the effects of illness or medication, sun damage, a bad diet or erratic lifestyle and hormonal or chemical imbalances in the body. These can pre age the skin, cause spots, scarring, blemishes hyper pigmentation, dry or oily skin and generally make it look dull and lifeless.

The skin is the body's largest organ, and its function is to protect the body and help it to eliminate toxins and when there are any imbalances within the body it effects the way it works and tends to 'throw' on the skin. It is important to keep the skin clean, free of dead cells, supple, toned and nourished in order to help the body work more efficiently.

The Ultimate Therapy Range will help you treat your skin from the inside out and when used as a routine, will help maintain healthy vibrant and youthful skin as well as give you the tools to help treat your skin when it becomes imbalanced.

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Face Therapy products

Facial products designed to correct and maintain skin, health and vitality

Face Starter Kits

Face Therapy Starter Kit Price ₹ 1500/-

A great way to maintain your facial routine on the move with these handy travel sizes of the Liquid Mineral Salts, Aloe MD Polisher, Brightening Moisturiser, Special Oil and Face Mask. It's also a great way to sample some of the Face Therapy Products.

Liquid Mineral Salt Price 125ml ₹ 675/- 25ml ₹325/-

This concentrated Dead Sea mineral salt solution has strengthening, anti bacterial and repairing properties.

Aloe MD Polisher Price 125ml ₹ 1,200/- 25ml ₹ 375/-

The BVM Aloe MD Polisher will gently polish and cleanse the skin and will help balance the skin as well as treat problems such as acne, open pores, hyper pigmentation and scarring.

Face Mask Price 125ml ₹ 750/- 25ml ₹ 270/-

The Face Mask will invigorate dull and lifeless skin. It gives the skin a deep clean; eases congestion, reduces puffiness and swelling.

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**Brightening Moisturiser Price 125ml
₹ 1100/- 25ml ₹ 375/-**

The Brightening Moisturiser with SPF15 will brighten and nourish the skin. It is excellent for smokers and those with dark, hyper pigmented and dry skin.

Finishing Cream Price 25ml ₹ 690/-

The Finishing Cream will help 'fill in' fine lines and evens out skin tone.

Meso Serum Price 25ml ₹ 250/-

Meso Serum is an excellent skin healer, repairer, and rejuvenator and will help correct any underlying skin imbalances such as hyper pigmentation, skin sensitivity (not psoriasis or eczema), sun damaged and pre aging skin.

Spot Serum Price 25ml Rs. 290/-

Spot Serum is an excellent treatment for spots, scarred skin, underlying blockages and pigmentation, which can be used throughout the day.

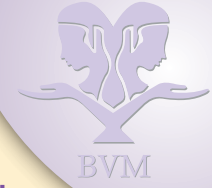
Collagen Serum Price 25ml ₹ 275/-

This Serum is excellent for hydrating, strengthening and nourishing the skin giving it a healthy glow. It is excellent for reducing fine lines, around the eyes and mouth.

Special Oil Price 20ml ₹ 180/-

The blends of Oils have been designed to help rebalance the skin at all levels, giving it the nourishment it needs. It has been formulated for the whole body.

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Routines

The Ultimate therapy range will help you treat your skin from the inside out and when used as a routine, will help maintain healthy vibrant and youthful skin as well as give you the tools to help treat your skin when it becomes imbalanced.

Face

Facial routine 1

To be done twice a day

Step 1

Liquid Mineral Salts

Apply a small amount on dry skin. Wet the balls of your fingers and work very lightly all over face and neck. Rinse off and towel dry.

Step 2

MD Aloe Polisher

Dampen the neck and face with warm water. With a light feather touch, use the balls of your fingers to gently apply a small amount of the polisher in small circular motions. If needed, add extra water for an easier glide. Rinse off and towel dry.

Step 3

Special Oil

Massage a few drops of the Oil for 2-3 minutes to obtain the best absorption into the deeper layer of the skin.

Step 4

Brightening Moisturiser

Use the palms of your hands to lightly apply the Moisturiser to the neck and face with gentle upward strokes.

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Face Mask

Once a week

Once a week, apply a thin film of the Face Mask after polishing.

Include the Neck, Face & Eye Contours. Leave on for 15 minutes, then rinse off with warm water.

Face routine 2

To be done twice a day.

Step 1

Liquid Mineral Salts

Apply a small amount on dry skin. Wet the balls of your fingers and work very lightly all over face and neck. Rinse off and towel dry.

Step 2

Special Oil

Massage a few drops of the oil for 2-3 minutes to obtain the best absorption into the deeper layer of the skin.

Step 3

MD Aloe Polisher

Dampen the neck and face with warm water. With a light feather touch, use the balls of your fingers to gently apply a small amount of the polisher in small circular motions. If needed, add extra water for an easier glide. Rinse off and towel dry.

Step 4

Serum

To be applied as recommended by the therapist. Meso/Collagen/Spot.

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Apply very small amount of serum to your face and neck use the palms of the hands to lightly massage in the Serum to the neck and face.

Step 5

Brightening Moisturiser

Use the palms of your hands to lightly apply the Moisturiser to the neck and face with gentle upward strokes.

Step 6

Finishing Cream

It is a must as it stops the dehydration of the skin that causes wrinkles and dry skin.

Use the palms of your hands to apply the Cream all over until absorbed.

***Get more routines for your skin type at
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